

TEEN PEP OUTREACH WORKSHOP

Information Letter



Dear Parent/Guardian,

Hunterdon Central Regional High School is one of 50 New Jersey high schools and organizations participating in an exciting peer education program called Teen PEP, or *Teen Prevention Education Program*. The program is funded by the New Jersey Department of Health and Senior Services, and the New Jersey Department of Human Services in collaboration with The Center for Supportive Schools. This April, Hunterdon Central's 12th grade Teen PEP program will be conducting a presentation for 8th graders in our district called ***"You Deserve the Best: A Workshop on Healthy Relationships."***

The 12th grade peer educators in the HC Teen PEP programs are trained to help other teens by equipping them with knowledge and skills to make responsible decisions. The workshop will begin with attention-getting skits performed by the peer educators, followed by small group activities facilitated by the same peer educators. The workshop will close with some additional skits that reinforce the takeaway messages of the presentation. 8th graders will be asked to complete an evaluation to provide feedback on their experience for the high school students to review.

After participating in ***"You Deserve the Best" A Workshop on Healthy Relationship***" the 8th grade students will be able to...

- **Describe** how they want to be treated in a relationship (friends and romantic)
- **Explain** why it is important to uphold one's values and standards in relationships
- **Identify** five characteristics of healthy relationships
- **Demonstrate** the use of effective communication skills, through the use of *I-Statements*

Below, you will see a QR code that highlights some aspects of a Teen PEP presentation. If you have additional questions about the program or concerns about your child participating in the program, or if you would like your child to opt-out of the program, please reach out to your Health & PE teacher or your school principal.

Sincerely,
Kelly Huggins
Jacqueline Drennon
Teen PEP Faculty Advisors

